



Roasted Vegetables

Ingredients

- 1 Medium Eggplant, peeled and diced
- 2 Mediums red bell pepper, cut into quarters
- 2 Mediums Zucchini, cut into cubes
- 1 Medium Onions, finely chopped
- 3 Cloves Garlic, finely chopped
- 3 tbsp Olive oil
- 2 cubes MAGGI® Organic Vegetable Bouillon

Instruction

1. In a large bowl, mix all the vegetable together, melt MAGGI® Organic Vegetable Bouillon in olive oil and drizzle over and mix to coat all the vegetable.
2. Gently transfer the vegetables on to a lined oven tray and spread evenly.
3. Roast in a preheated oven at 200°C for 20 mins until vegetables are tender. Remove from oven and serve warm or cold.

Nutrition

Carbohydrates	9.82 g
Energy	110.83 kcal
Fats	7.62 g
Protein	1.96 g

🕒 20 Minutes

⊕ 6 Servings