



Onion Rings

Ingredients

- 2 large White onions, sliced into rings
- 35 g MAGGI® Pane Mix
- 150 g bread crumbs
- 1 cup Flour
- 1 Egg, slightly beaten

Instruction

1. Prepare a tray with flour. Combine the breadcrumbs and Maggi Pane mix in a separate tray mix well, prepare the beaten egg in a bowl
2. Dip the onion slices first in flour, then in egg, and last in Maggi Pane Mix and breadcrumbs.
3. in pre-heated oil deep-fry breaded onions until brown and crisp.

Nutrition

Carbohydrates	39.23 g
Energy	215.43 kcal
Fats	2.74 g
Protein	7.81 g

🕒 30 Minutes

⊕ 6