

Chicken Musakhan

Ingredients

- 1500 g Whole chicken, cut into pieces
- 6 cups Water
- 0.75 cup Olive oil
- 3 Mediums Onions, finely chopped
- 1 cube Maggi® Chicken Bouillon
- 0.25 tsp Ground Black Pepper
- 2 tbsp Sumac
- 3 tbsp Nuts, pine nuts, dried
- 6 pieces Iranian bread

Instruction

- 1. Place chicken and water in a large pot and bring to boil. Remove froth as it appears then simmer for 45-50 mins or until chicken is cooked. Remove chicken and throw away the water. Set aside to cool. Remove and throw bones and skins. Flake chicken to strips and keep aside.
- 2. Warm olive oil in a pot; add onions and fry for 5 mins or until the onions become tender.
- 3. Add the prepared chicken strips, crumbled MAGGI® Chicken Bouillon cube, black pepper, sumac and pine seeds. Simmer and stir for 2 mins or until all are well combined (add salt if it's needed).
- 4. Add some chicken mixture evenly on a center of each piece of bread. Roll bread and place it in a baking dish.
- 5. Brush with some olive oil the top of each roll. Bake in a 230°C preheated oven until bread becomes slightly brown in color.

Nutrition 55 Minutes 7 Servings

Carbohydrates 53.42 g
Energy 1080.36 kcal
Fats 76.57 g
Protein 47.5 g