



## Chicken & Broccoli Bake

### Ingredients

- 2 cups Croutons
- 1 Medium Broccoli florets
- 1 Sachet MAGGI® Juicy Coriander & Garlic Mix
- 1 cup water
- 1 Bg Sadia tender chicken breast
- 1 tbsp Canola Oil
- 100 g Cheddar cheese, grated

### Instruction

1. Place croutons and broccoli in provided oven bag. Add MAGGI® Coriander & Garlic spice mix and mix together.
2. Arrange Sadia Chicken breasts evenly inside the bag over broccoli and croutons. Add 1 cup water and drizzle oil. Use provided red tie to close the bag and lay flat on an oven tray.
3. Place tray in the preheated oven at 200°C and cook for 50 mins. Remove tray from oven, gently cut oven bag open and fold bag to the edges. Sprinkle cheese and return to oven for 5 mins to melt cheese. Remove and serve with salad.

### Nutrition

Carbohydrates	23.31 g
Energy	408.58 kcal
Fats	25.83 g
Protein	21.52 g

🕒 50 Minutes

⊕ 6 Servings