



Baked Lamb Shanks with Vegetables

Ingredients

- 800 g Lamb shanks
- 1 Medium Onions, finely chopped
- 2 Cloves Garlic, finely chopped
- 1 large Potato
- 100 g Broccoli florets
- 1 Sachet MAGGI® Juicy Coriander & Garlic Mix
- 1 tbsp Balsamic Vinegar

Instruction

1. Put all the ingredients in the oven-safe bag.
2. Add the MAGGI® Coriander and Garlic Mix and close the red tie.
3. Bake in the oven for 40 mins then serve.

Nutrition

Carbohydrates	14.13 g
Energy	284.87 kcal
Fats	6.8 g
Protein	39.82 g

🕒 40 Minutes

⊕ 6 Servings