



## Baked Lamb Shanks with Vegetables

### Ingredients

- 800 g Lamb shanks
- 1 Medium Onions, finely chopped
- 2 Cloves Garlic, finely chopped
- 1 large Potato
- 100 g Broccoli florets
- 1 Sachet MAGGI® Coriander & Garlic Cooking mix
- 1 tbsp Balsamic Vinegar

### Instruction

1. Put all the ingredients in the oven-safe bag.
2. Add the MAGGI® Coriander and Garlic Mix and close the red tie.
3. Bake in the oven for 40 mins then serve.

### Nutrition

Carbohydrates	17.46 g
Energy	296.18 kcal
Fats	7.01 g
Protein	37.25 g

40 Minutes

6 Servings