



Grilled Lamb-Chops

Ingredients

- 1.5 kilograms Lamb chops (24 Pieces)
- 40 g MAGGI® BBQ And Grill Seasoning
- 1 tbsp Vegetable oil
- 300 g Spinach chopped leaves

Instruction

1. In a mixing bowl combine Lamb-Chops, Maggi Grill Seasoning, and Vegetable Oil. Toss together until lamb pieces is fully coated.
2. Allow lamb to marinate for 30 minutes, then grill on an open fire or a griddle pan for 5-10 minutes.
3. Serve with freshly chopped spinach leaves and lemon wedges.

Nutrition

Carbohydrates	4.43 g
Energy	272.18 kcal
Fats	5.72 g
Protein	51.52 g

🕒 25 Minutes

⊕ 6 Servings