



## Grilled Chicken

### Ingredients

- 1 kilogram Whole chicken
- 1 tbsp Olive oil
- 45 g MAGGI® BBQ And Grill Seasoning
- 6 pieces Lemon wedges

### Instruction

1. Prepare chicken by cutting along and removing the backbone and neck, gently press on the breast to flatten the chicken. (spatchcock)
2. Rub with Olive Oil and sprinkle MAGGI® BBQ and Grill Seasoning on the skin and inside the chicken.
3. Allow to chill in the fridge for 15 minutes before cooking over medium open fire on both sides (around 20 minutes) or in oven at 200-c (around 60-minutes) until chicken is fully cooked and the skin is golden.
4. Serve along bread or rice with lemon wedges on the side.

### Nutrition

Carbohydrates	3.59 g
Energy	286.87 kcal
Fats	13.2 g
Protein	36.26 g

50 Minutes

6 Servings