



Mexican Rice with Beef

Ingredients

- 1 Medium Onion, finely chopped
- 1 tbsp Sunflower oil
- 500 g Minced beef
- 3 tbsp Tomato Paste
- 2 tsp ground cumin
- 1 Medium Bell pepper, chopped
- 1 can Red beans
- 4 cups water
- 2 cups Short grain rice
- 0.5 cup Cheddar cheese, grated
- 2 cubes Maggi® Chicken Bouillon

Instruction

1. In a large nonstick pan, sauté onions in oil until soft, add beef and cook until fully cooked.
2. Add tomato paste, cumin, bell peppers, red beans and rice and mix together. Dissolve 2 cubes of Maggi® Chicken Bouillon in 1 liter of water and add to the mix, cover and simmer over medium low heat for 20 min until rice is tender and stock is absorbed.
3. Sprinkle cheese over rice, cover and allow cheese to melt for 2-3 min before serving.

Nutrition

Carbohydrates	97.94 g
Energy	643.66 kcal
Fats	9.75 g
Protein	41.42 g

40 Minutes

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