



## Quick and Easy Rice Mandi - Mandi mix

### Ingredients

- 1 tbsp Vegetable oil
- 1 kilogram Skinless chicken pieces
- 1 Jar Maggi® Mandi Mix
- 4 cups Hot water
- 2 cups Basmati rice
- 1 cup Low fat yoghurt
- 2 pieces Tomato, diced
- 2 pieces Diced Cucumber
- 1 piece fresh lemon juice
- 0.33 Head Lettuce, finely chopped
- 2 tbsp Fresh parsley, chopped

### Instruction

1. Heat 1 Tbsp of vegetable oil in a nonstick pot, add 1 Kg of skinless chicken pieces & cook until golden.
2. Add Maggi® Mandi Mix and 4 cups of hot water and stir until dissolved.
3. Add 2 cups of Basmati rice & gently stir, cover and simmer until tender for 20 minutes.
4. Serve with yogurt and salad on the side.

### Nutrition

Carbohydrates	97.77 g
Energy	931.5 kcal
Fats	26.49 g
Protein	68.33 g

35 Minutes

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