



Beef Panne (Buftek)

Ingredients

- 1 Sachet MAGGI® Pane Mix
- 150 g bread crumbs
- 1 piece Egg, slightly beaten
- 500 g Thinly sliced steak (split into 1-cm thick pieces)

Instruction

1. In a bowl, marinate the Beef with the desire spices toss together till the Beef is fully coated. Allow to marinate for 30 minutes.
2. Combine breadcrumbs and Maggi pane mix and set aside.
3. Remove the meat pieces from the marinade, dip them into the beaten egg, and coat them with the breadcrumb mixture.
4. Fry in hot oil until golden and fully cooked.

Nutrition

Carbohydrates	18.65 g
Energy	254 kcal
Fats	9.18 g
Protein	22.52 g

30 Minutes

6